## 2023 Gratitude Report

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# A Letter from the CEO

When I reflect on 2023 I am invigorated and proud to see what our staff and wonderful supporters and stakeholders have accomplished to keep our children safe and healthy and to ensure they received the treatment they needed to heal.

Witnessing our children come to us broken, bitter and hopeless and later seeing them depart having purpose, hope and competent to manage their mental health is fulfilling and pleasing. Knowing that you continue to support us and our children sustains and inspires us to do our very best.

I am incredibly proud and grateful to have loyal and dedicated staff members who are personally invested in the lives of the children we serve. Working in mental and behavioral health is very stressful and taxing. We invest in our staff and continuously provide training in the Risking Connections trauma informed treatment protocol via the Klingberg Trauma and Stress Institute. The acronym RICH is reinforced to teach about relationships — those that demonstrate Respect, Information, Connection, and Hope — people can learn to put their trust in helpers and move beyond the wounds of the past.

There are only a handful of organizations with the history, longevity, and success of JFBHS. We owe it all to generations of committed friends and donors like you who have provided their steadfast and generous support. We are forever grateful to you for helping our children heal and make our mission thrive.

With your continued help, our future is bright and we will continue to be successful in transforming the lives of children and families in their battle with mental illness, substance use and overall behavioral health.

Thank you,

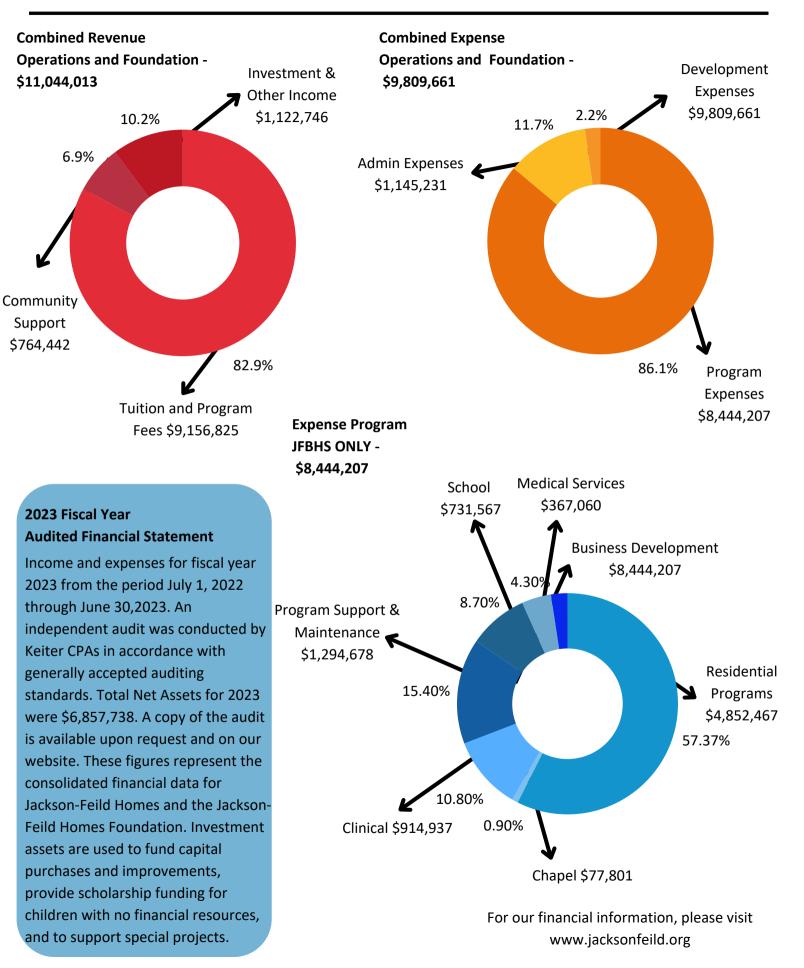
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### 2023 CONSOLIDATED OPERATING INCOME & EXPENSES



Jackson-Feild Behavioral Health Services



Abby

As described in the song "How Can You Mend a Broken Heart," Abby's childhood was filled with sorrow and she could not see tomorrow. She was angry, hurt and lost. Her stepfather abused her and the local protective services placed Abby in foster care.

Abby – like 80% of the children in foster care – suffered from mental illness and had serious anger management issues that made her adjustment to foster care quite difficult. Rebellious and angry at the world, Abby ran away several times, putting herself at risk every time. When Abby arrived at Jackson-Feild, it was with a bad attitude. "I felt frustrated and trapped. I didn't see how this place could do anything for me." What Abby didn't yet know is that Jackson-Feild was the best thing to happen in her life.

Over time, Abby began to feel comfortable and secure at Jackson-Feild. Abby came to realize that the staff truly cared about her and wanted to help. In addition to her various therapies and treatments, Abby saw that special events created by the staff – prom, holiday celebrations, outings & field trips, weekly activities, and high school graduation – were tangible examples of the staff's commitment to her well-being.

Abby excelled at our Gwaltney School and was an active participant in the Certified Nurse's Aide vocational training. As part of this training, Abby completed an internship at a local assisted living program and determined that a career in nursing was her 'tomorrow.' I have such fond memories of our Gwaltney School graduation ceremony," reports Abby. "I loved the staff, and I could tell that they loved me too. They became my family."

After leaving Jackson-Feild, Abby became a Licensed Practical Nurse and later a Registered Nurse. "I'm working toward my Bachelor of Science in Nursing while working as a charge nurse at a hospital in Columbus, Ohio. After earning my BSN in May 2024, I hope to become a visiting nurse." Abby credits the staff at Jackson-Feild for planting seeds of hope and for turning her life around. "Getting treatment at Jackson-Feild changed my life, and I want to thank not only the staff, but also the donors. I know that they are the people who helped pay for all those special events and who made it possible for Jackson-Feild to feel a little like a home away from home."

"To parents who have kids who need help," says Abby, "I want them to know that Jackson-Feild can help mend those broken hearts and help their kids live again."

## Carey's Story

Carey was a strong, compassionate, and independent lady who lived life on her own terms. She earned a degree in Art Education and taught art in the Charleston South Carolina public school system for 28 years. Although she never had children of her own, her students were like her children. These were the lives she touched during her career teaching hundreds of students, many of whom were challenging and at-risk children.

Carey's cousin, Ann Chaffins, served at Jackson-Feild. Ann would share stories about the children when she and Carey visited one another. Having become interested in Jackson-Feild's art program, Carey began making small gifts to support the purchase of art supplies. Over the years, her gifts grew to support larger needs within the art program. Carey passed away two years ago, but she included Jackson-Feild in her estate by making a generous bequest which – in essence – endowed her annual gift.



Carey took great pride in working with students to help them develop an appreciation for art in the world around them. When she recognized a child's interest in art or artistic talent, she worked hard to encourage that child to further his or her artistic ability. Carey was especially challenged by students who showed real potential but who lacked selfconfidence. Helping transform these students did not happen overnight, but Carey encouraged them, praised them for their successes and eventually unlocked the hidden potential in these young artists.

Jackson-Feild Behavioral Health Services

Annual Report 2023

## Honor Roll of Giving

It is thanks to the generosity of the following donors that JFBHS is able to fulfill its mission to provide high quality evidence-based psychiatric, residential, educational and recovery treatment services for children who suffer from severe emotional trauma, mental illness and/or addiction.

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The 1855 Legacy Society recognizes the permanent value of legacy gifts to Jackson-Feild Homes (JFH). The Society pays tribute to our inaugural year, highlighting donors who have demonstrated outstanding commitment to our children and mission by including Jackson-Feild in their estate plan. Planned gifts by members of the Society will provide ongoing financial support that ensures that JFH continues to help children for decades to come.

Legacy Society gifts help grow the Jackson-Feild Homes Foundation endowment whose earnings provide scholarship assistance for children without funding for their education as well as for capital improvements and capital purchases.

If you have already included Jackson-Feild in your will or estate, we thank you. If you have not notified us of your estate gift, we encourage you to consider letting us know so that we can include in you in special mailings focused on estate planning and more. If you are just beginning to consider your plans, let us know if we can answer questions you might have. Contact our development department 804-354-6929 or email tbalsbaugh@jacksonfeild.org

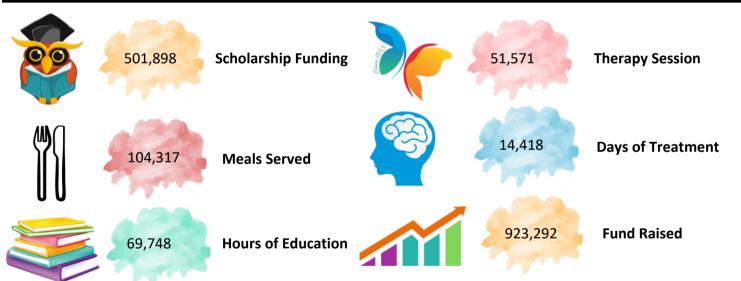
> Your estate gift is a legacy for which you can be proud, and an investment in the lives of children who need help.

Planned gifts include:

- Charitable trusts
- Gift annuities
- Life insurance

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- Gift of Real Estate
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### 2023 Fiscal Year Impact Report

The mission of Jackson-Feild Behavioral Health Services is to provide high quality evidence-based psychiatric, residential, educational and recovery treatment services for children who suffer from severe emotional trauma, mental illness and/or addiction. Our goal is to restore wellness and provide support for successful reintegration into homes, families and communities.







Committed to accountability and ethical practices, Jackson-Feild Behavioral Health Services is accredited and endorsed by these organizations.