



## *Gwaltney School: Positive Behavior Program*

Research has shown that many students today are not coming to school with the social and emotional skills they need to be successful in the classroom. The historical notion of school-based punitive measures and zero-tolerance policies have proven to be ineffective in the long-term success of student achievement, specifically when working with students with mental health concerns.

However, in a trauma-centered environment in which positive behaviors are taught and recognized, students can develop into solid citizens both at school and in the community. Many of the children who come to Jackson-Feild have never experienced a positive school experience. School, home and, community trauma have tainted their view of school and outlook on a positive future.

JFBHS and Gwaltney School have discovered a way to transform the outlook of school for our students by embodying the school's motto of Bold, Invested, and Grateful (BIG). Through the lens of BIG, the staff at Gwaltney School work daily to ensure that the students receive the most optimal academic experience possible. One of the ways this experience is made possible is through the recent implementation of a Positive Behavior Incentive System (PBIS). PBIS seeks to reduce or eliminate poor behavior in school through the encouragement of positive behaviors. The ultimate goal of PBIS is to create a positive school climate, in which students learn and grow.

A positive school climate has bearing on attendance rates, academic achievement, and graduation rates. Regardless of socioeconomic status, students in a positive school climate are more likely to have higher test scores and greater academic success. In addition, a positive school climate helps students to develop the social and emotional skills they will need to become productive members of society. As a result of the implementation of the PBIS program at Gwaltney School students have increased in all these areas.

A successful PBIS framework relies on a commitment from the entire staff: from administration to educators to support staff. Gwaltney School's entire staff has embraced the mission of PBIS through its school-wide incentive-based program and individual classroom incentives. From the bi-weekly school store to the in class reward system, students receive positive behavioral based incentives.

At Jackson-Feild, a huge part of our mission is to help our students experience academic success so that they can reintegrate back into their school communities after leaving our campus. PBIS is a key part in helping students accomplish behavioral and academic goals during their stay at Jackson-Feild.

# A Note from the CEO

*Dear friends of Jackson-Feild,*

Mahatma Gandhi once noted “strength does not come from physical capacity, it comes from an indomitable will.”

I am inspired and privileged to witness the indomitable will of our treatment team. Our Therapists, Case Managers, Residential Counselors, Nurses, Teachers, and Physicians diligently work together to heal the children and families we serve. The commitment and stamina in their determination to help our children heal from trauma, pain, and suffering is palpable. The skill, patience, and determination it takes to continuously address deep-seated fears, anxieties, defiant behaviors, and pathology is beyond measure.

In addition to time spent with “boots on the ground”, our expertise is evidenced through a myriad of clinical interventions including but not limited to Neurotherapy and Biofeedback, Cognitive Behavioral Therapy, Eye Movement Desensitization and Reprocessing, Motivational Interviewing, Addiction and Recovery Treatment, and Self-Regulation and Skill Building.

In concert with our clinical care, our educators are persistently seeking and implementing innovative ways to reinforce healthy relationships, life skills, and individual accountability. For instance, Educational Director Dr. Shaneka Rose has implemented a Positive Behavioral Program at our Gwaltney School. She and her staff also have developed special clubs within the school which include dance, exercise, arts, theater, culinary, and gardening. They are tailored to build on each student’s interests and strengths and improve their confidence and self-esteem.

The Reverend William M. Jackson initiated our mission in 1855 in response to a yellow fever epidemic which left many children homeless and orphaned. The Feild family, in support of this mission, later donated their ancestral home embracing and demonstrating their passion for helping children. Today, the staff of Jackson-Feild works relentlessly to provide our children with high quality evidence-based psychiatric, residential, educational, and recovery treatment services. At JFBHS, the indomitable will to heal, nurture, and secure a hopeful future for so many prevails each and every day.



*Warmest wishes,*

*Tricia Delano*

President & CEO

# Eternally Grateful for JFBHS



My husband and I were frantic and desperate to help our son, Chris. We loved him dearly and nothing we tried seemed to be effective.

He struggled throughout his life with ADHD and behavior issues. They eventually led him to come before the juvenile justice system. His frustration with school caused him great anguish causing him to start abusing over the counter drugs. We were shocked when he overdosed and had to be hospitalized. The hospital staff worked with his probation officer and placed him at Jackson-Feild (JFBHS).

My husband and I were relieved that JFBHS would help our son and we were right. The staff taught him how to take responsibility for his actions and how to work through his problems to become a better person. He always struggled with how others saw him, resulting in major self-esteem issues and a general lack of confidence. At Jackson-Feild, Chris underwent a drastic transformation and he became the young man that we all knew he could be.

We were very impressed with the services he received and the support given to our entire family. His therapist was the strong force Chris needed, working diligently with Chris and our family to give Chris the tools to manage his mental illness. I cannot begin to express our thanks to him. He was able to connect with our son and really get to know him holistically.

My husband and I believe strongly that everyone at JFBHS, including the office staff, therapists, nurses, and residential cottage staff, is truly dedicated and invested in treating mentally ill children.

Chris has since returned home and has experienced nothing but success. He earned his high school diploma and is currently working two jobs. His future is bright and promising thanks to Jackson-Feild. I would not hesitate to recommend Jackson-Feild and its services to someone with a child who needs psychiatric residential treatment. JFBHS is a place of caring and compassion for children who need this service.

There are so many children struggling with mental illness or substance abuse, and in these situations, it is often forgotten that the child's family and loved ones are also deeply affected. JFBHS treats not only the child, but also the families, parents, and caregivers in that child's life.

Jackson-Feild is where you can go to help your child who needs residential mental health services. We are so happy that Jackson-Feild was there to help Chris, and we will be eternally grateful.



# Year-End Giving Strategies



Because of you, amazing things will happen. Without you, they won't.

When you give to Jackson-Feild non-cash assets such as stocks, bonds, or mutual funds that you have owned more than one year, you are able to claim a tax deduction of the full value of the asset instead of the amount you originally paid for it. You will also bypass any capital gains tax you would owe if you sold the asset.

This may be a significant tax advantage even if you will not be itemizing deductions on your 2022 tax return. Any unused deduction may generally be used to reduce your taxes in as many as five future years. Don't forget your donor advised fund (DAF). Millions of Americans have created a DAF with organizations such as Fidelity and Schwab. If you have a DAF, contact your fund custodian to make your year-end gift.

Another giving strategy for donors age 70-1/2 or older is to make a direct gift to Jackson-Feild from an IRA or retirement fund (a portion or all of the required minimum distribution) thereby reducing the tax liability. This is a good strategy for donors who take the standard deduction rather than itemizing their tax return. There are many ways for caring and compassionate people like you to help the children served by Jackson-Feild. If you have any questions about how you can help please call Tod Balsbaugh at 804-354-6929.

## Use a Tax Credit Program to Make Your Annual Gift

Thanks to the Educational Improvement Scholarship Tax Credit Program (EISTCP), donors to Jackson-Feild have provided over \$300,000 in educational scholarship funding for students who had no funding for their education.



The reasons why their education is not funded varies. Regardless of the reasons, we believe that the value of a high school education is immeasurable. It impacts life expectancy, employment opportunities, higher earning capacity, citizenship, quality of life, and more. Created in 2012, EISTCP is a vehicle by which donors (individuals or businesses) can receive a 65% tax credit on their Virginia income taxes regardless of whether they itemize or not. EISTCP-qualifying gifts are restricted to educate our students from low-income families. To be eligible for EISTCP tax credits, a donor must make a gift of at least \$500 for which they will receive \$325 in tax credits.

An additional benefit to you is to make a gift of appreciated securities which you have owned for a minimum of one year. By making such a gift, you can save even more on taxes by avoiding the capital gains tax.

For additional information about EISTCP, how to make a gift of appreciated securities, or to obtain a preauthorization request form, contact Victoria Fong at [vfong@jacksonfeild.org](mailto:vfong@jacksonfeild.org).

# Ways to Give: Needs List

## COTTAGES:

- Towels and washcloths
- Twin bed sheets
- Blankets, pillowcases
- Clothes hampers
- Plastic hangers
- Bean bag chairs
- Plastic bins
- Bathroom rugs
- Shower mats
- Shower curtains (no rings)

## PERSONAL CARE:

- Hair brushes and combs
- Shampoo and conditioner
- Toothpaste and toothbrushes
- Bath soap
- Deodorant
- Body lotion
- Lip balm
- Hair dryers
- Shower caddies
- Bedroom slippers

## CLOTHING (ADULT SIZES):

- Bras (all sizes)
- Sports bras (s, m, l, xl, 2xl, 3xl)
- Lightweight jackets (all sizes)
- Pajama pants (all sizes)
- Flip flops (s, m, l, xl)
- T shirts (s, m, l, xl, 2xl, 3xl)
- Capris (female all sizes)

## CLOTHING (ADULT SIZES):

- Basketball shorts (male all sizes)
- Underwear (male and female all sizes)
- Rain ponchos
- Socks, Shoes, Sneakers
- Baseball caps
- Jeans
- Long sleeve and short sleeve shirts

## SCHOOL:

- Clear plastic backpacks
- Composition books (bound, no wire)
- Packs of lined notebook paper
- 2 pocket folders
- Boxes of #2 pencils
- Non retractable pens
- Dry erase markers/erasers
- Handheld calculators

## RECREATION:

- Kickballs, basketballs, footballs, volleyballs
- Fishing rods and tackle
- Bikes and bike helmets
- Frisbees
- Kites
- Cornhole bags
- Yoga mats and blocks

## ARTS:

- Crayons, Markers, Colored pencils
- Sketchbooks (bound, no wire)
- Paint, canvases, and paintbrushes
- Clay and play-doh
- Adult coloring books
- Origami book & origami paper
- Crafting supplies
- Scrapbook materials

## GAMES:

- Playing cards
- Guess Who?
- Jenga
- Connect Four
- Sorry, Trouble
- Monopoly
- Battleship
- Chess, Checkers
- Uno
- Scrabble, Bananagrams
- Life
- Phase 10

## OTHER ITEMS:

- Journals/Diaries
- Books
- PlayStation/Xbox games (nonviolent only)
- Puppets with Puppet Theatre and Storage "Stand"
- Electronic keyboard
- "Real" Cash Register with Play Money
- Other board games

Donations can be sent to main campus • 546 Walnut Grove Dr. • Jarratt VA 23867 • 434-634-3217

Committed to accountability and ethical practices, Jackson-Feild Behavioral Health Services is accredited and endorsed by these organizations.



For our financial information, please visit [www.jacksonfeild.org](http://www.jacksonfeild.org)



Jackson-Feild Behavioral Health Services  
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*Thank you for your support!*



Rotary Club of Innsbrook awards a generous grant to JFBHS



Volunteers from Petersburg Kiwanis club paint the decks of Gwaltney School