

Summer Newsletter July 2022

A Note from Director of

Nursing, Virginia Goode

To say that the past few years have been filled with challenges and changes is an understatement. Through the numerous challenges and changes, the nursing department at JFBHS has consistently stepped up.

Our nursing staff has remained healthy and not missed any workdays despite several cases of COVID amongst the staff and residents. At the beginning of the pandemic, we began wearing our masks as a proactive measure to protect others as well as ourselves. We are still wearing our masks!

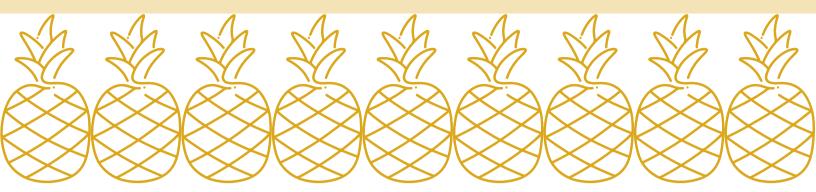
At the beginning of the pandemic, we began checking all residents' temperatures and questioning them throughout the day regarding symptoms... and we continue to do so. Whenever a resident has displayed symptoms of COVID, he or she has seen by a Primary Care Physician for further evaluation as COVID symptoms are similar to strep and flu.

Every resident who tested positive for COVID was placed in quarantine, and I'm pleased to say that each has been understanding and cooperative under the stressful circumstances. Whenever there was an exposure, every resident in the cottage underwent COVID testing at CVS in Emporia. In addition, on-campus visits were placed on hold during exposure. When visits were allowed, each visitor was required to wear a mask, have their temperature checked, and maintain social distancing throughout the visit.

Every resident whose legal guardian provided written authorization was provided a COVID vaccination, and medication-trained staff voluntary increased their responsibilities to assist with administering medications (both prescription and over-the-counter) for anxiety/agitation.

I was asked, "What's the best thing is about being a nurse at Jackson-Feild?" Without hesitation or reservation, I can say that the best thing is to be working alongside the best nurses in the world. Just because someone is licensed to practice as a nurse, it does not mean they have the love and compassion it takes to stay strong when times are tough. COVID has been tough, and our nurses have shown a commitment to improving the lives of those they care for both physically and emotionally every day that they come to work. The JFBHS nurses care deeply for the residents and staff, and I am proud of them.

A Note from the CEO



Dear friends of Fackson-Feild,

While summer is a laid-back and relaxed time for many, it is a very busy time at Jackson-Feild

While most teenagers are taking a break from school, our children return to school after a short break. Many of our students fall behind academically as a result of frequent hospitalizations and prior placements in treatment facilities. The continuity of summer school allows our Gwaltney School staff to work diligently with the students so that they can "catch up" to grade level or prepare to take their GED.

I'm pleased to tell you that four accrediting bodies recently re-accredited Jackson-Feild, and our school was re-licensed. This is a major milestone that caps off one of the most successful years in our history. The fact that this happened while managing the guidelines and requirements of a global pandemic is truly an achievement.

As we enter our 168th year, Jackson-Feild continues to diversify and expand our services to meet the ever-changing needs of the children we serve.

I am truly grateful to you for your prayers, support, and assistance in helping the children at Jackson-Feild.



Warmest wishes, Dria-Delmo

President & CEC

My Life Was a Mess



I was angry, bitter, and deeply depressed. I did not know where to turn and felt that there was no hope for me. I knew that I was at a crossroad in my life. I could either continue on a downward path of destruction or take action to help myself.

My parents left my sister and me, and truthfully we were probably better off without them. Our life with them had been chaotic and unhealthy, and the psychological trauma of my childhood left deep seated scars on my soul.

I knew I was making poor decisions but did not know how to stop or where to go for help. My grandmother tried to help me but she was unable to help. I had poor self-esteem and became involved in risky behaviors, including drug abuse. I had received in-home mental health services, was placed at two residential treatment placements, and was hospitalized at a psychiatric hospital for overdosing on pills.

Eventually, I was placed in juvenile detention and ordered by the court to go to Jackson-Feild (JFBHS).

After my initial reluctance, I was able to form a trusting relationship with my therapist. I always hated talking about myself and my problems and issues, but my therapist was very patient and understanding which allowed me to open up and trust her. Together we were able to help me discover strategies and resources to manage my mental health.

Living in a group setting at JFBHS was helpful to me and my peers. We were each struggling with our own mental health issues, and were able to find a community in each other.

Our residential staff members were very helpful and understanding. They made JFBHS feel like a home and encouraged me to pursue my passions of art, reading, and cooking.

The on-campus Gwaltney School staff also facilitated my academic journey and aided me in achieving my GED. I am incredibly proud of what I accomplished at Jackson-Feild, and I cannot express how grateful I will always be for all that the wonderful staff did for me.

Today, Addison plans to study to become a registered nurse. She will be enrolling in a nursing program soon. Addison want to be able to help others in need and make an impact. She knows that she would not be who she is today had it not been for the help of the caring staff at Jackson-Feild.

FAIRY GODMOTHERS WORK THEIR MAGIC

For the past sixteen years, Collegiate School students have collected and provided prom outfits to the residents at Jackson-Feild Behavioral Health Services (JFBHS) through The Fairy Godmother Project. Their mission is to provide a high school prom experience for children whose circumstances are such that they would not get to attend a school dance like prom outside of JFBHS.

Throughout the year, Collegiate School students collect donated prom attire and conduct fund raisers to purchase supplemental items such as shoes and accessories.

Saturday, May 7, 2022, was the "shopping day" for the girls at JFBHS. Collegiate students were able to transform the JFBHS recreation center into a boutique filled with racks of prom dresses, shoes, and accessories. There was even a table where the girls could select their make-up.

Laughter, excitement, and ear-to-ear smiles filled the recreation center and the residents thoroughly enjoyed their successful shopping experience. The Collegiate students helped each JFBHS girl find an ensemble to make them feel and look beautiful. The girls are so excited to show off their outfits at the upcoming prom. The Collegiate students' generosity and kindness is much appreciated by both children and staff.



GOLFERS HELP JACKSON FEILD'S CHILDREN

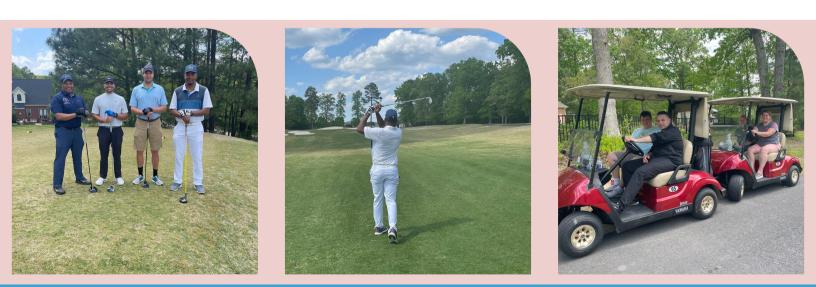


On May 2, 2022, Jackson-Feild Behavioral Health Services (JFBHS) was pleased to host the 27th annual Go Golfing for the Kids tournament at The Golf Club at The Highlands. Proceeds from this year's event will go toward providing the children with resources for their education, including online curricula and textbooks.

Following a lunch provided by Hardee's (Boddie-Noell Enterprises), teams from all over Virginia and parts of North Carolina enjoyed a beautiful day on the green. Following play, the golfers returned to The Reserve at the Highlands to enjoy a barbeque dinner and prizes for 1st, 2nd, and 3rd places were awarded.

Without the support of a number of sponsors, this tournament would not have been possible. JFBHS is tremendously grateful to tournament sponsor Boddie-Noell Enterprises, presenting sponsor Modern Woodmen Fraternal Financial, and awards dinner sponsor Jones LTC Pharmacy.

Planning has already begun for the 28th anniversary tournament to be held in May 2023, and all are invited to sign up to play. More details will be available at a later date.



Committed to accountability and ethical practices, Jackson-Feild Behavioral Health Services is accredited and endorsed by these organizations.



For our financial information, please visit www.jacksonfeild.org



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The mission of Jackson-Feild Behavioral Health Services is to provide high quality evidencebased psychiatric, residential, educational and recovery treatment services for children who suffer from severe emotional trauma, mental illness and/or addiction. Our goal is to restore wellness and provide support for successful reintegration into homes, families and communities.

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Foundation Board of Trustees John Mason L. Antrim - President T. Darnley Adamson, III – Vice President Thomas W. Meehan, Sr. - Secretary/Treasurer Robert F. French - Director We are saddened to inform you that Board Member R. Dean Squires passed away recently. He was a valuable member of our Board and will be missed dearly.